



**Also served daily:**

- Fresh Fruit
- Wholemeal Bread
- Yoghurt
- Semi-Skimmed Milk
- Water

Cyngor Bwrdeistref Sirol  
Occasionally due to circumstances beyond our control it may be necessary to change or replace some menu items or ingredients.

Please note our menus/food may contain allergens. We are able to provide allergen information on request or please visit the Bridgend CBC website for more information.

**\* NURSERY PUPILS**

**BRIDGEND**  
County Borough Council



# PRIMARY MENU

## WEEK 1

## WEEK 2

## WEEK 3

<p><b>MONDAY</b></p> <p>Cod &amp; Salmon Fish Fingers * Or Broccoli &amp; Tomato Pasta Herby Diced Potatoes Baked Beans, Sweetcorn, Garden Peas, Salad</p> <p>Raspberry Peach Swirl Sponge &amp; Custard</p>	<p><b>MONDAY</b></p> <p>Mini Omelette with Pork Sausage * Or Five Bean Chilli with French Bread Potato Wedges or Vegetable Rice Baked Beans, Garden Peas, Salad</p> <p>Eve's Sponge &amp; Custard</p>	<p><b>MONDAY</b></p> <p>Lemon Sole * Or Mushroom and Leek Bake Jacket Potato or Sauté Potatoes Garden Peas, Sweetcorn, Broccoli, Salad</p> <p>Toffee Apple Brownies with Fruit Slices</p>
<p><b>TUESDAY</b></p> <p>Beef Bolognaise * Or Falafel Burger Pasta or Potato Wedges Mixed Vegetables, Broccoli, Salad</p> <p>Fruit Yoghurt or Fresh Fruit</p>	<p><b>TUESDAY</b></p> <p>Seaside Salmon Fillet * Or Vegetable Plant Ball in Tomato Sauce with French Bread Pasta or Diced Potatoes Broccoli, Garden Peas, Sweetcorn, Salad</p> <p>Fruit Yoghurt or Fresh Fruit</p>	<p><b>TUESDAY</b></p> <p>Meatballs in Tomato Sauce * Or Southern Style Vegetable Burger Pasta or Potato Wedges Mixed Vegetables, Garden Peas, Sweetcorn, Salad</p> <p>Fruit Yoghurt or Fresh Fruit</p>
<p><b>WEDNESDAY</b></p> <p>Roast Turkey &amp; Stuffing in rich Gravy * Or Vegetable Sausage Boiled or Creamed Potatoes Green Cabbage, Carrots &amp; Diced Swede</p> <p>Jelly with Strawberry Swirl</p>	<p><b>WEDNESDAY</b></p> <p>Roast Pork &amp; Apple Sauce in Rich Gravy * Or Vegetable Casserole Creamed or Boiled Potatoes Green Beans, Swede &amp; Broccoli</p> <p>Tropical Rice Pudding</p>	<p><b>WEDNESDAY</b></p> <p>Roast Beef with Rich Gravy * Or Quorn Fillet Boiled or Creamed Potatoes Baton Carrots, Cabbage, Swede</p> <p>Artic Roll and Fruit Wedges</p>
<p><b>THURSDAY</b></p> <p>Meatballs in Rich Gravy * Or Vegetable &amp; Lentil Shepherds Pie Creamed or Boiled Potatoes Carrots, Garden Peas, Broccoli, Salad</p> <p>Fruit Yoghurt or Fresh Fruit</p>	<p><b>THURSDAY</b></p> <p>Chicken Fillet in Rich Gravy * Or Vegetable Sausage Boiled or Creamed Potatoes Carrots, Cabbage, Country Vegetables, Salad</p> <p>Fruit Yoghurt or Fresh Fruit</p>	<p><b>THURSDAY</b></p> <p>Pork Frikadellons * Or Garden Vegetable Pie Creamed Potatoes or Boiled Potatoes Baked Beans, Carrots, Garden Peas</p> <p>Fruit Yoghurt or Fresh Fruit</p>
<p><b>FRIDAY</b></p> <p>Fish Fillet * Or Spinach and Chickpea Curry Vegetable Rice or Chipped Potatoes Mixed Vegetables, Sweetcorn, Broccoli, Salad</p> <p>Mandarin topped Sponge Slice</p>	<p><b>FRIDAY</b></p> <p>Cheese and Tomato Pizza * Or Quorn Dippers Jacket Potato or Chipped Potatoes Mini Corn Cobs, Mixed Vegetables, Salad</p> <p>Fruit Muffins or Tutti Fruitti Flapjacks</p>	<p><b>FRIDAY</b></p> <p>Chicken Tikka/Korma * Or Vegetarian Hot Dogs Vegetable Rice or Chipped Potatoes Broccoli, Sweetcorn, Garden Peas, Salad</p> <p>Strawberry Delight Crunch</p>